

# Halloween Article Analysis Answers

1. Name the part of the brain that controls the 'fight or flight' reaction. [1]

a) amygdala

2. Name three physical reactions due to seeking fear. [3]

a) increased heart rate

b) redirection of blood from the intestines to the muscles

c) hormones slow the heart rate and breathing

d) hormones such as oxytocin are released

3. How does the writer show that feeling fear could be a positive thing? [10]

- She calls it a 'sought-after experience'.
- Feeling of euphoria after fear as the body relaxes.
- It leaves you satisfied.
- It makes you feel reassured of safety.
- It makes you confident that you are in control.
- It is a 'natural high for thrill seekers'.
- We know that we are not in real danger.
- Fear releases 'dopamine' which is 'also present in happiness and excitement'.
- We might feel 'excitement and elation'.
- It can be a 'significant bonding experience'.
- It creates a strong social connection'.
- It is described as 'incredible'.

