

Halloween Runaround Quiz

1. What is the 'fight or flight' response?	
2. What one reaction that is triggered by the 'fight or flight' response?	
3. What did our ancestors use the sense of fear for?	
4. Name one of the things that happens to the body after danger is removed or reassessed?	
5. Why might someone not enjoy being frightened? Name one reason.	
6. Why do people expose themselves to 'scary' situations?	

