

# Halloween Runaround Quiz

1. What is the 'fight or flight' response?	
2. What reactions are triggered by the 'fight or flight' response? Name two.	
3. What does the chemical 'oxytocin' do?	
4. What did our ancestors use the sense of fear for?	
5. What happens to the body after danger is removed or reassessed? Name two.	
6. What part of the brain creates the 'fight or flight' response?	
7. Why might someone not enjoy being frightened? Name one reason.	
8. What chemical is released during the experiences of both fear and happiness?	
9. Why do people expose themselves to 'scary' situations?	

